



Obstructive Sleep Apnea Screening Tool

Feature	Points	Actual Score
Neck circumference > 40cm	4	
BMI 25 to < 30kg/m ²	3	
BMI ≥ 30kg/m ²	5	
Snoring	2	
Age > 55 years	4	
Sex (male)	2	

High risk for OSA if score >7

Sleep study indicated by one/more of the following risk factors

- | | |
|--|--|
| <input type="checkbox"/> Uncontrolled diabetes | <input type="checkbox"/> Uncontrolled hypertension |
| <input type="checkbox"/> Coronary artery disease | <input type="checkbox"/> Oronasal Anomalies |
| <input type="checkbox"/> Recurrent stroke | <input type="checkbox"/> Refractory glaucoma |
| <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> sexual dysfunction |

Dr. K. B. Reshma MBBS., M.D (Pulmo),, DAA

Consultant Interventional Pulmonologist & Sleep Specialist



Senthil Multi Speciality Hospital (p) Ltd
547, Perundurai road, Erode.



+91 88830 55555